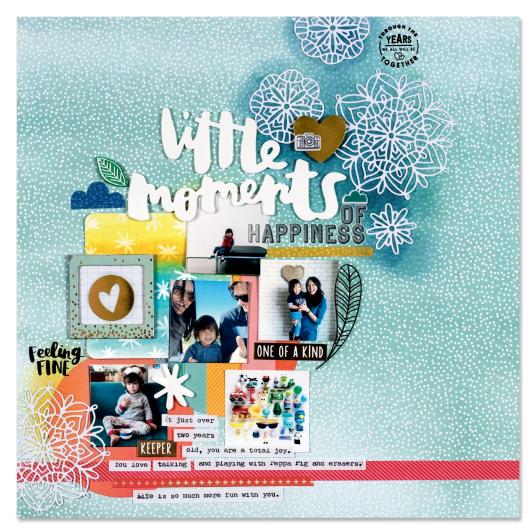
## pic tips

## Insta Happiness: chase away those winter blues. BY AMY TAN

I've found scrapbooking the moments I've shared on social media is a great way to banish the winter blues. I loved these pictures when I took them, and reliving those joyful moments automatically brings a smile to my face.



## little moments

supplies CARDSTOCK, PATTERNED PAPER. WATERCOLOUR CARD: American Crafts: TRANSPARENCIES: Heidi Swapp; STICKERS: American Crafts, Studio Calico; STAMPS: American Crafts, Kelly Purkey; INK: Hero Arts, Ranger Industries; DIES: Waffle Flower Crafts; WATERCOLOUR PAINT: Michaels; TYPEWRITER: We R Memory Keepers; ADHESIVE: Sticky Thumb, Tombow

> My Instagram feed includes a variety of people, places, and things. In the "things" category, I snap pics of my child's toys. There are many ways to put such a series to work, from framing the shots to hang in the playroom to putting them in my album. Getting them off Insta helps me remember the everyday moments with my sweet boy. Combining vibrant images from Instagram is a burst of Vitamin D that keeps storytelling bright!

## It's Hip to be Square

- 1 As lovely as it is to have photos posted on our Instagram feeds, it's far more fun to print those little squares out.
- Gather six small 2 x 2 squares together in a collage and print them as a single 4 x 6 image.
- You don't have to print every image you post. Instead, choose only the images that bring you the most joy.

